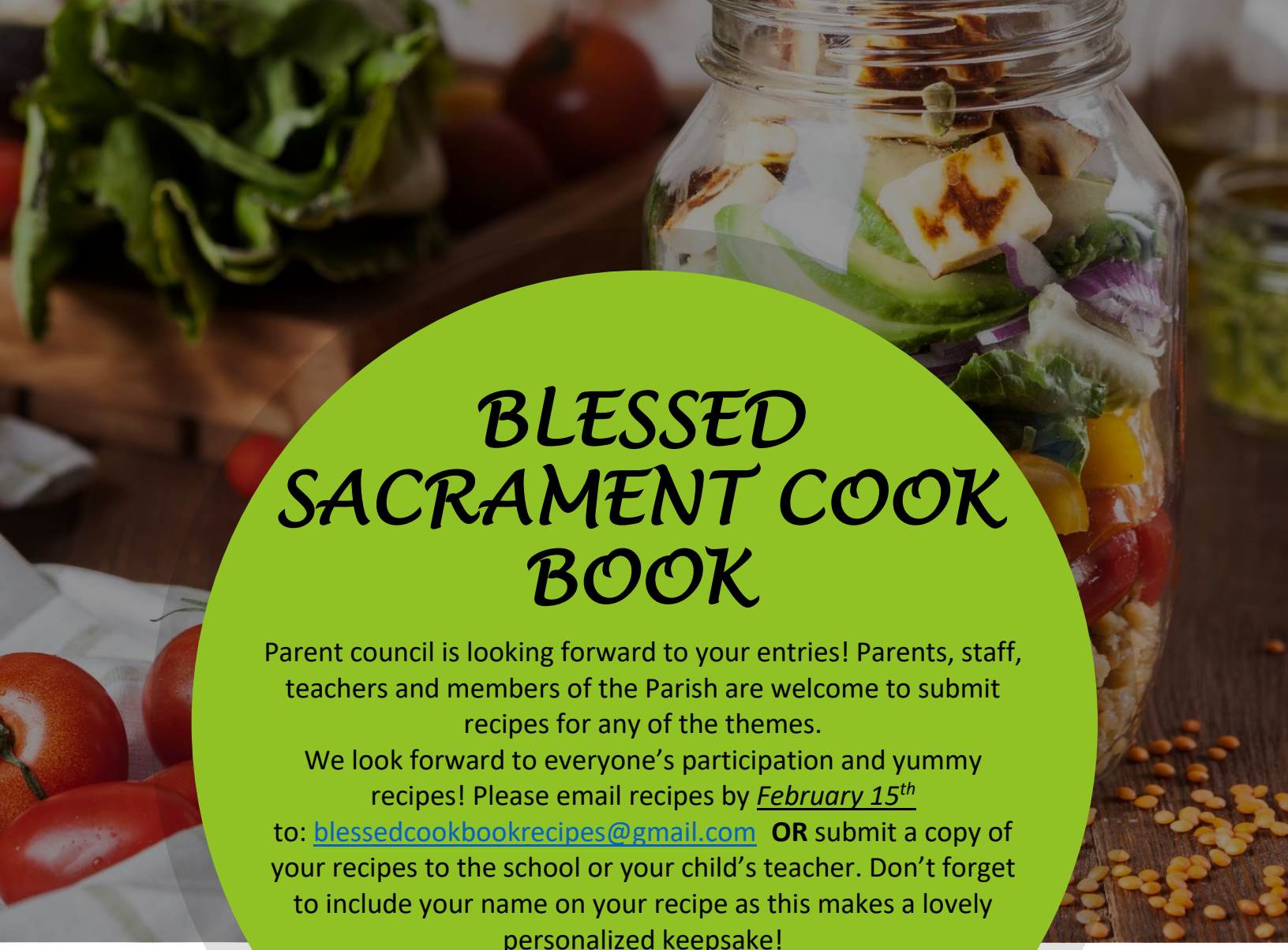

BLESSED SACRAMENT COOK BOOK

Parent council is looking forward to your entries! Parents, staff, teachers and members of the Parish are welcome to submit recipes for any of the themes.

We look forward to everyone's participation and yummy recipes! Please email recipes by ***February 15th*** to: blessedcookbookrecipes@gmail.com **OR** submit a copy of your recipes to the school or your child's teacher. Don't forget to include your name on your recipe as this makes a lovely personalized keepsake!

This fundraiser will be going towards much needed outdoor greenspace improvements!

Class Themes: (Each student (parent) can submit a recipe)

Main Dishes – Mrs. Marr JK/SK
Side Dishes/ Vegetables – Mrs. Macdonald – Kean JK/SK
Desserts – Mrs. Chase 1/2 A
Crockpot/ Instapot - Mrs. Savard Gr. 1/2 B
Appetizers – Ms. Purvis 3/4
Breads, Muffins & Loaves- Ms. Ceglowska 4/5
Soups/ Salads – Mr. Virag Gr 5/6
Kids in the Kitchen/ Kids DIY No Bake/Kid friendly meal ideas/Kid fun (ie playdough, slime)– Mr. Moulton Gr 6/7
This/ That – (Ex: Intrn'l foods, Nuts and bolts, festive, marinades, cooking tips, lunch ideas!)- Mrs. Gardiner 7/8
Vegeterian/ Vegan / Gluten/ Dairy Free – OPEN TO ANYONE